



WILDERNESS TRACE FAMILY YMCA

FALL PROGRAMMING

Gymnastics

- *Tuesday classes at 5:30pm and 6:30pm beginning September 20th
- *Preschool class & Beginner Classes
- *\$20 per month, four classes a month
- *On-going class

Preschool Flag Football/with Coach Bo

- *Starts September 13-October 18
- *Tuesdays at 5:30pm at the Y
- *Preschool ages 3, 4 and 5
- *Fees \$35 plus \$20 youth membership or \$45 non-members

Swim Team

- *At Centre College Pool
- *October 4th
- *\$45 Registration Fee
- *Orange team is \$50 per month and will swim Tuesday's and Thursdays at the Wellness Center from 3:30 – 5 pm
- *Blue team is \$60 per month and will swim Tuesday through Friday at Centre Pool from 6:30 – 9 pm
- *Swim Competitions on Saturdays

Creative Conditioning

- *An on-going Adult exercise class
- *Instructor is Sandy Currens & LeAnn Wilson
- *Monday & Thursday classes at 6:30 pm
- *\$40 for 10 visits or \$5 Per Visit

Zumba

- *Instructor is Donnie Duncan
- *Monday & Thursday classes at 5:30pm
- *\$40 for 10 visits or \$5 per visit

Future Programming

Tae Kwon Do

- *Coming soon to the YMCA.
- *If interested please contact the YMCA at 859.734.9622

Teen Basketball League

- *Ages 10 – 14 & 15 – 18
- *Games will begin in January on Saturdays.

Men's Basketball League

- *Ages 18 and up
- *\$375 for a 10 man team
- *Fall League will start late October.
- *Winter league will begin in January

Home-school Gym & Swim (Coming Soon)

- *Collaboration between the YMCA & Ephraim McDowell Wellness
- *Thursday's 1 – 3 p.m.
- *50 children Max.
- *-\$25 per month for first child
- *-\$20 per month for second child
- *-\$15 per month for each additional child

Interested individuals contact the YMCA about these future programs!

☺ **Sign up NOW!!!** ☺



Wilderness Trace Family YMCA
P.O. Box 326, Harrodsburg, KY 40330
859.734.9622

YMCA Afterschool Program

- *Childcare 2:30pm – 6:00pm daily
- *Locations;
 - Mercer County Intermediate School
 - Woodlawn Elementary
 - Perryville Elementary
 - Junction City Elementary
 - Camp Dick Robinson Elementary
- One child: \$45 a week fee or \$12 a day drop-in rate. Two Children: \$80 a week or \$20 a day drop-in rate.

Youth Flag Football in Danville

- *Ages 6 to 8 starting September 11th – October 23rd
- *Games will be held at Millennium Park on Sunday's at 2 p.m.
- *Registration Fee \$40

Mums Fundraiser

- *The YMCA is taking orders for our Fall Mum Fundraiser.
- *Place your order by phone 859.734.9622 or E-mail mfryer@wildernesstraceymca.org

Gym Rentals at the Y

- *Birthday Parties 2 hours
- *\$45 for members
- *\$55 for non-members

*The YMCA will **never** turn anyone away; scholarships are available to those who qualify.